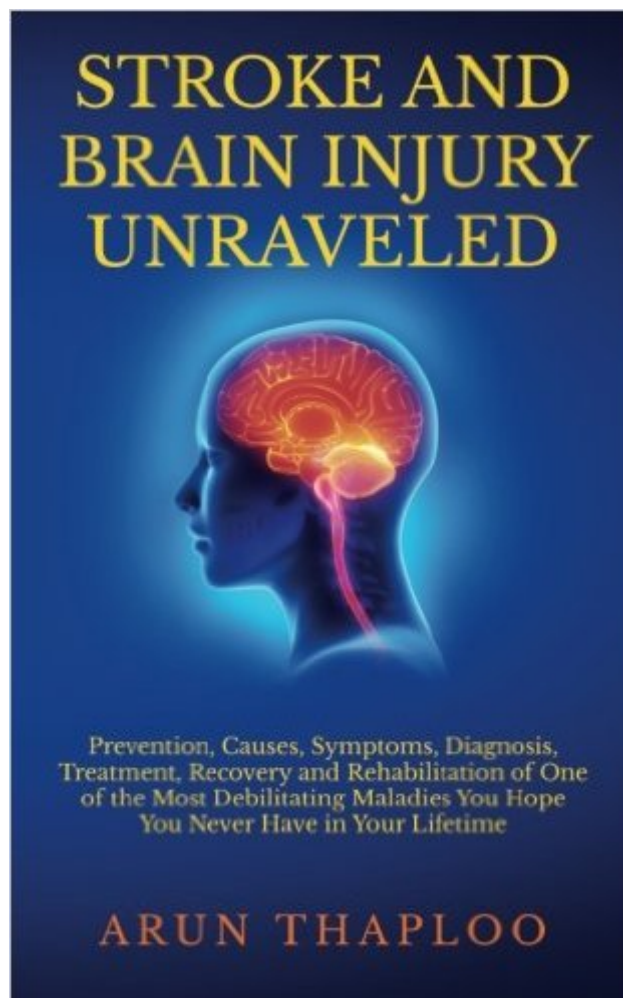


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# **Stroke And Brain Injury Unraveled: Prevention, Causes, Symptoms, Diagnosis, Treatment, Recovery And Rehabilitation Of One Of The Most Debilitating Maladies You Hope You Never Have In Your Lifetime**





## Synopsis

Stroke and brain injury can be the most traumatic experience in a person's life. It not only changes the entire world for the patient but also takes a colossal toll on the patient's family members. A major stroke can confine a person to bed, or even kill him or her due to its consequences. If the stroke is acute, and the individual is still alive, the person keeps thinking he or she might die anytime soon. The individual keeps brooding about things he or she had planned for the future that perhaps will not come to fruition anymore. A person can lose his or her memory, voice, motor skills, languages, swallowing ability, vision, and be under constant pain. The list goes on and on. Unfortunately, somebody who has had a massive stroke and lost his or her voice cannot even express how he or she is feeling internally. Read this book to get latest research based and data driven information about this debilitating disease, and how to preempt stroke in most situations. Here are some of the topics you will learn from this book about stroke and brain damage: How to identify if you already might have had a silent stroke in the past, like a TIA stroke without you ever realizing it. How to envisage with reasonable accuracy whether you are a candidate for an Ischemic stroke or a Hemorrhagic stroke in the future. What symptoms you should be vigilant about to understand that you might be having a stroke right now, and what you need to do straightaway to prevent significant brain damage? How a stroke survivor's mental health and emotional health become issues of major concern and what should be the roles and responsibilities of the family members and caregivers. How to prevent recurrence of a stroke and what precautions the stroke survivor and family members should take. How family members and caregivers can offer the best care and treatment to a stroke patient at home while taking care of their own emotional, physical and mental wellbeing. How to alleviate the patient of any anxiety disorder especially in the presence of friends and strangers and how to prevent the patient from going into a state of depression. What diagnostics tests should be ordered by your doctor and which tests should not be done on a patient as a result of previous medical history and prevent further complications? What are the best ways and techniques for quick stroke recovery so that the patient can get back to a normal routine? Would you like to know more? Scroll to the top of the page and select the "Add to Cart" button. You never know when the information contained in this book might save somebody's life including yours.

## Book Information

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## Customer Reviews

At the beginning of my childhood, my grandmother suffered a massive stroke which changed her life completely. For the next 15 years, my family (namely my grandfather) had to constantly supervise and take care of her, a huge change from the level of independence she enjoyed prior to her stroke. My grandfather endured immense emotional suffering in order to give my grandmother a happy life, something that I will always respect and remember him for. I chose to read this book because I wanted to prevent this misfortune from befalling myself and my family. Mr. Thaploo's book contains a wealth of information regarding the specifics of combating risk factors, recognizing symptoms, and choosing the proper medical tests to achieve the greatest possible chance of avoiding stroke both earlier and later in life. Perhaps the most unique topic of the book is that of "mini" or "warning strokes" called Transient Ischemic Attacks (TIA). When we think of strokes, we usually think of them as a life threatening or life changing event. The danger of these smaller strokes is that they are often unnoticed, with their effects attributed towards absentmindedness, lack of sleep, or other factors. It is important to recognize if you have had a TIA so that you may take action to prevent further damage to your health, and the book provides a brief guide and checklist to help you determine the chance that you have had a TIA already. I recommend Mr. Thaploo's book for anyone who seeks to protect themselves and their families from the aftereffects of a stroke.

This book was a clear presentation of the nature and danger of strokes. It contains a lot of helpful information and respects the reader's intelligence. It fits nicely in that middle ground between things that are too simplistic to be valuable to readers looking for more than the "basic basics," and things that are written by physicians for physicians. This work presents good, solid information in a way that a reasonably intelligent person can understand. Kudos to the writer. He will undoubtedly save

lives through this work!

Mr Thaploo is very passionate about this subject and his desire to educate on a matter so hard to understood is laudable.He deserves a large audience

This book is such a blessing to me. It has helped me understand and learn more about the brain. I highly recommend it.

Great for any lay person who has no knowledge of what happens to a person during and after a stroke

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York Academy of Sciences) TMJ Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) Brain Training: The Ultimate Guide to Increase Your Brain Power and Improving Your Memory (Brain exercise, Concentration, Neuroplasticity, Mental Clarity, Brain Plasticity) Perspectives on Long Term Rehabilitation: How I made a better recovery from spinal cord injury than anyone expected Oral Cancer: The Dentist's Role in Diagnosis, Management, Rehabilitation, and Prevention

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